



WSOC
KEMI-KEMINMAA
FINLAND 2022

BULLETIN COVID-19



Bulletin content

- GOALS
- IOF Principles
- Action at different stage
 - Before the event
 - Entering the “Bubble”
 - During the event
- In case of illness or positive test result
- Monitoring and follow up

GOALS

- **Zero Covid-19 virus spread at IOF orienteering events**

- **Well prepared event participants**

- Teams

- Athletes

- Organizer staff

- Media

- Everyone!

- **Communicating best practices to be followed by organisers and participants**



**Minimized risks and a
safe competition
environment**



Key principles

- **Pillar 1: Responsibility**

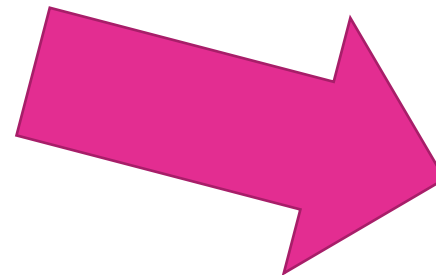
- Take responsibility for own situation
- Follow what works

- **Pillar 2: Distance**

- Isolation of persons who with symptoms or positive test result
- Avoid contacts
- Restrictive areas
- Regulated flow of people
- Separating groups
- Digitalized processes

- **Pillar 3: Hygiene**

- Masks
- Hand-washing
- Disinfection
- No handshaking
- Respiratory hygiene
- Meal service



Focus on teams and person responsibility!

Before the event

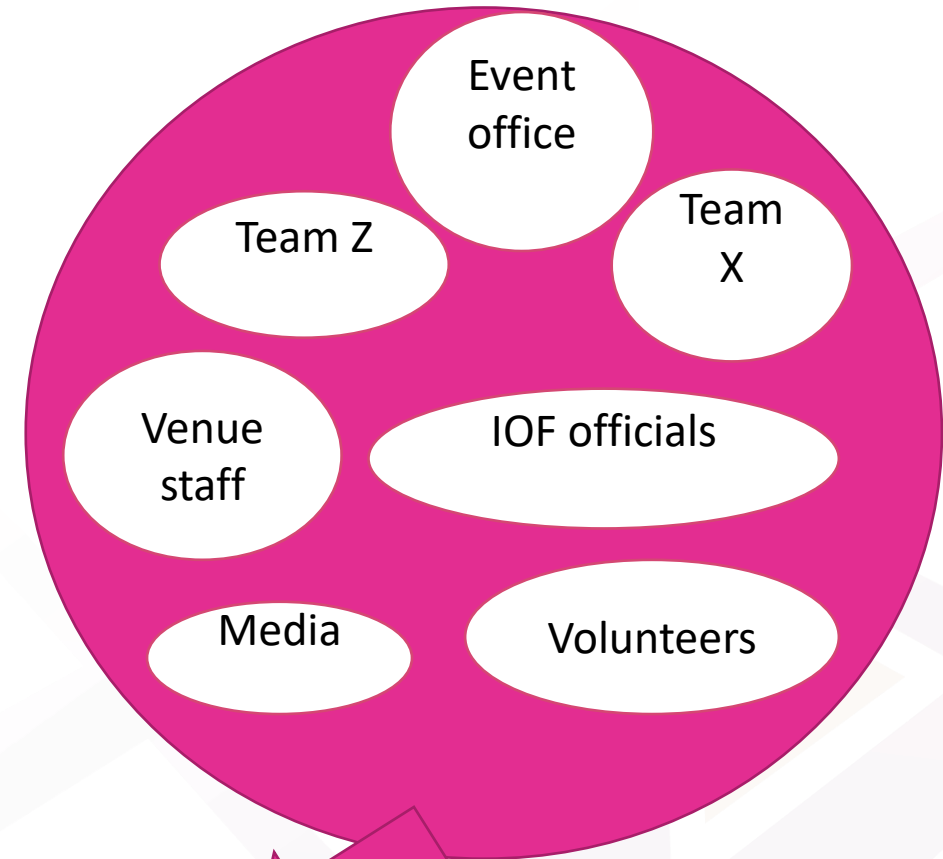
- **Maximize chance of being virus free when entering the bubble**
- Stay “isolated” 10 days prior to travel
- Limit social contact
- No club or open trainings or competitions
- Special attention to high level of hygiene from 10 days prior to travel
- Observe any signs of symptoms/illness
- **Transport to event country**
- Consider using non-public transportation if possible (e.g. own car)
- Take special care of precautions during travel (social distancing, wearing of masks, frequency of washing hands and sanitizing)
- Limit the number of individual contacts, e.g. Team Leaders take collective responsibility where possible.
- **Team level: Consider hotel bookings to adhere to rules and risk of isolation**
- **Consider Individual and Team Insurance needs**
- All isolation, quarantine, medical and testing costs are the responsibility of the individual/team

Accreditation onboarding

- **Rules for entering the country are to be followed**
 - <https://raja.fi/en/guidelines-for-border-traffic-during-pandemic>
 - **Special regulations for countries that do not belong to EU or Schengen area**
 - **Organizers needs to know traveling schedule of teams entering outside Schengen area in advance! That is a must!**
 - **Send the travel information (schedule and route information) to info@wsoc2022.com on Monday the 7th of March the latest!**
 - **Passenger must carry a copy of a approved special group permit. This permit will be provided to you by the WSOC 2022 organizers. The permit must be presented at the border check. It is also recommended to provide passenger an invitation in the name of the hosting company or entity.**
- **All testing at own expense**
- **Event has a defined dedicated Covid-19 contact person**
- **Positive tests are handled by local health authorities**
- **Consider Individual and Team Insurance needs**
- **All isolation, quarantine, medical and testing costs are the responsibility of the individual/team**
- **After entering to Finland there is no need for extra test to get accreditation in WSOC, JWSOC and EYSOC**

Event “Bubble(s)”

- **Only health persons may to enter the Bubble and to stay in the Bubble**
- **Avoid contacts outside the Event Bubble**
- **Limit contacts within the Event Bubble**
- **Be aware that the Bubble is virtual, not physical, i.e. everyone is not in the same accommodations**
- **Team/personal responsibility for “your” bubble**



Isolation if testing positive
or becoming sick

During the event

- **Pillar 1: Responsibility**
- Act on any sign of Covid-19 related symptom
- Follow and respect instruction given by organizer
- There are changes compared to “normal” WSOC procedure → purpose to avoid infections
 - No public transport
 - Virtual team officials' meetings
 - No big prize giving ceremonies
 - No indoors in use at the Arena

During the event

- **Pillar 2: Distancing**
- Eliminate contact with persons outside the event (as far as possible)
- Severely limit contacts for teams within the event (other teams, organisers, etc.)
- Only competition-related activities allowed. Sightseeing, shopping etc should be avoided.
- Even within own team, proper distancing may lessen the effect of potential quarantine on the whole team

During the event

- **Pillar 3: Hygiene**
- Mask usage
- Respiratory hygiene
- Cough in handkerchief and dispose
- Hand-washing
- Disinfection
- No common showers or dressing rooms indoors
- No public transport

During the event

- **A few words about facial masks**
 - Surgical mask or better standard generally required
 - Preferable FFP2/N95
 - Dispose of frequently –limit re-use
 - Cloth masks are not recommended
- **Mask shall be used –as frequently as possible**
 - Outside own room, except when exercising or eating
 - At meals, except when actually eating
 - Wear if collecting food (e.g. if buffet style)
 - Wear when sitting at table but not eating
 - During transport
 - In arena, except when active (warm-up, competition, cool-down)
 - Must cover nose and chin
- **Using a mask reduces close contacts and potential isolation/quarantine**



Surgical



FFP2/N95

During the event

- **Event Office (EO)**

- Contact with the Event Office shall primarily be via telephone, limit physical visit
- Any required visits should be scheduled to prevent congestion
- Team Officials Meetings will be held virtually, if in person limit to one person per team and observe social distancing

- **Accommodations and Meals**

- Accommodations should be organised physically to minimize contact between different teams
- Meals should be organised to minimize contact between teams, think about restaurant or cafeteria capacity
- Follow all venue and organiser recommendations

- **External contacts**

- It is recommended that athletes not visit grocery shops, pharmacy and other external shops and establishments (Restaurants, cafés etc)
- Team leaders may visit grocery and pharmacies on behalf of the team. Note: the number of team leaders with external contact should be limited and they should have limited contact with athletes.

Principle: Eliminate contact with persons outside the event (as far as possible)

Principle: Severely limit contacts for teams inside the event (other teams, organisers, etc.)

Principle: Only competition-related activities allowed. Avoid all out-of-competition activities.

During the event

- **Transport to trainings and competitions**
- Own transportation
- Think about capacity
- Observe correct precautions (social distancing, wear mask, proper hygiene)
- Schedule transportation to minimize time in the competition center/arena
- Avoid long waits for starting times
- Leave the competition center as soon as possible after the finish
- Avoid waiting for each other to start/finish (e.g. Women for Men or vice versa)
- **At the competition arena**
- Limit contact between groups (athletes, organisers, officials, the public) as much as possible

Principle: Eliminate contact with persons outside the event (as far as possible)

Principle: Severely limit contacts for teams inside the event (other teams, organisers, etc.)

Principle: Only competition-related activities allowed. Avoid all out-of-competition activities.

During the event

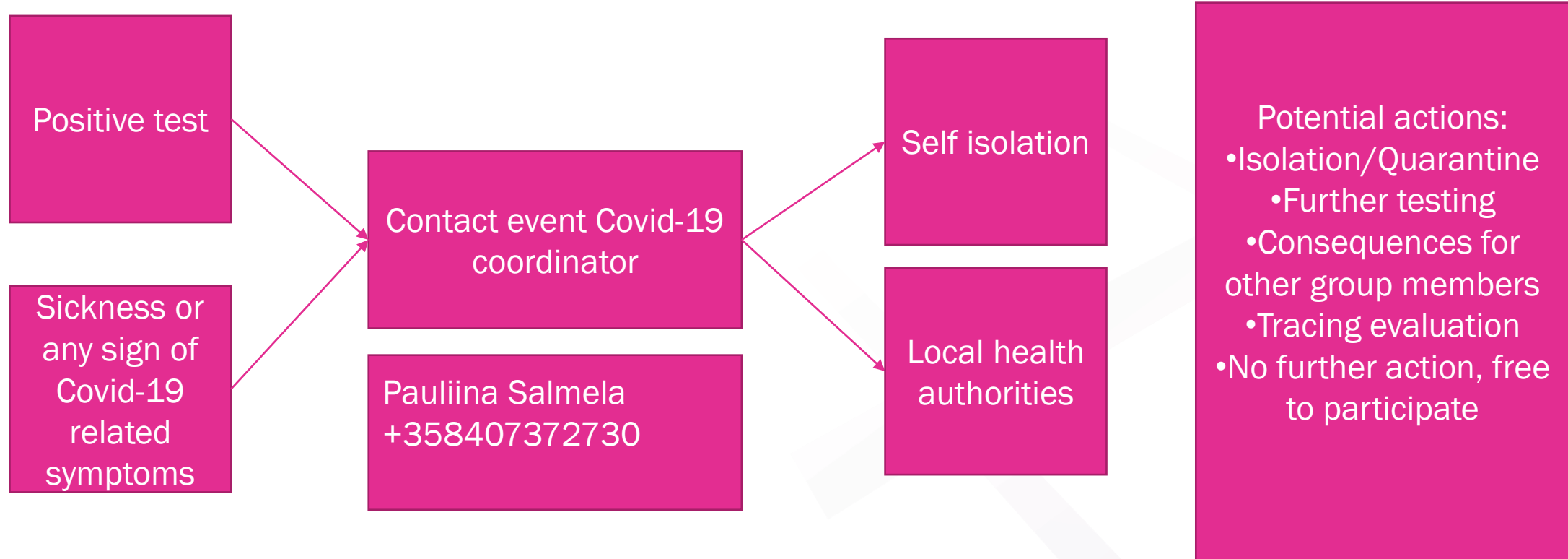
- **During the competition**
- **Start**
 - Beware of good social-distancing and avoid crowding
 - Use available hand sanitizer
 - Water/drink stations are organised to minimize potential virus transmission
- **Finish area**
 - Leave the area as soon as possible after finishing
 - Mask on after finishing
- **At the competition arena**
 - Precautions are taken for any required transport of athlete equipment from start to finish
 - Media zones will be socially distanced
- **Ceremonies (if held)**
 - All ceremonies will be held outdoors
 - Awards ceremonies will be organised with limited personal contact.

Principle: Eliminate contact with persons outside the event (as far as possible)

Principle: Severely limit contacts for teams inside the event (other teams, organisers, etc.)

Principle: Only competition-related activities allowed. Avoid all out-of-competition activities.

If you become sick or experience Covid-19 symptoms



If you become sick or experience Covid-19 symptoms

- All notifications to organizer and within the team should be virtual, i.e. No physical contacts
- All notifications to organizer and within the team should be virtual, i.e. No physical contacts
- Organizer will have 24/7 medical representation available
- Medical assistance will be given

A few final items

- Check regularly WSOC2022.com for possible changes of covid 19-protocol
- Check regularly <https://raja.fi/en/guidelines-for-border-traffic-during-pandemic>
- The Covid protocol for the event is for the protection of you as athletes, team officials and organizers based upon the recommendations of medical experts and the current pandemic situation.
- All have a common responsibility for respecting the recommendations.
- **After entering to Finland there is no need for extra test to get accreditation in WSOC, JWSOC and EYSOC**



WSOC
KEMI-KEMINMAA
FINLAND 2022

